

*****If you need an easel, please let PAAM know, otherwise bring a portable easel*****

Please bring the following to be prepared for your workshop:

Palette Knives

- Primarily I use a 1/12 Inch painting knife. Dick Blick offers a nice one: <https://www.dickblick.com/items/blick-comfort-grip-palette-knife-1-1316-x-3-38-style-73/> Just a good large one will be fine.

Brushes (optional)

If you'd like to use brushes, I'd suggest Winsor Newton brand:

- # 4 Filbert
- #6 Flat
- # 8 Flat
- #10Flat

****There isn't facilities to clean brushes so you will need Gamblin Gamsol Odorless Mineral Spirits****

Ampersand Gessobords

- 1/8" Flat in 8x10" and 11x14"

Available at Jerry's Artarama or Dickblick. I sometimes use Canson Plein Air Canva Artboard - 12" x 16", 10 Sheets

Large wood or acrylic palette

- If using a wood palette, make sure it is polyurethane coated or otherwise sealed. A 16x20" piece of Plexiglas works fine (available at hardware store). A medium to large palette is best.

Bounty Paper towels

Charcoal, a blue pastel pencil to draw a bit with

Oil Paint (Winsor Newton, Winton paints are acceptable and affordable)

Titanium White (large tube)

Permanent Rose

Cadmium Lemon

Ultramarine Blue

Cadmium Yellow Pale

Manganese Blue Hue

Cadmium Orange

Yellow Ocher

Cadmium Scarlet

Burnt Sienna

With these ten colors we can make literally hundreds of colors. Oils work best. If you want to bring another type of painting materials that's fine. Refer to the color list, and bring colors as close to them as you can.

Gamsol for clean up

Solvent Notice

Turpentine, regular Turpenoid, regular mineral spirits, Damar Varnish and Spray fixatives (or any aerosol sprays including spray paint) are NOT ALLOWED in PAAM workshops.

Approved Solvent: Gamsol

Here's why: Gamsol contains 1/3 the toxicity of turpentine. Gamsol separates liquid from paint particles when left to sit in a jar. As a result, the "clean" fluid can be poured off and used repeatedly, while pigment sediment can be disposed of. Also acceptable is Martin/F. Weber Co. Turpenoid Natural.

Approved Mediums: PAAM recommends Chartpak's Grumbacher Alkyd Painting Medium or Grumbacher Copal Painting Medium; Winsor & Newton's Artisan Painting Medium or Artisan Water Mixable Fast Drying Medium; or one of the natural oil products such as Daniel Smith's Poppyseed Oil.

Gamsol and many of these other products are available for purchase at Conwell Lumber in Provincetown

If you have further questions about materials, please contact alice@20summers.org.